



## HIGH SCHOOL OF FASHION INDUSTRIES

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### SOARRing To Excellence HSFI PARENTS

<u>S</u> afety	<u>O</u> wnership	<u>A</u> chievement	<u>R</u> espect	<u>R</u> esponsibility
<p><input type="checkbox"/> Enforce the Internet Code of Conduct including: (1) If they wouldn't say something to someone's face, they shouldn't text it, IM it, or post it. Whatever is sent out via text, IM or posted on the internet cannot be reversed (2) Remind your teens to use social networks' privacy settings so only their friends can see their stuff. (3) Tell them not to send pictures to strangers or view pictures that strangers send to them. (4) Passwords should be kept private.</p> <p><input type="checkbox"/> Take advantage of the medical and dental services by the School Based Health Center so your child does not have to miss school for these important health appointments.</p> <p><input type="checkbox"/> Make sure your teen gets plenty of sleep. Recent studies show that teenagers need nine or more hours of sleep nightly and that students earning As and Bs generally are getting to bed earlier than students with lower grades.</p>	<p><input type="checkbox"/> Monitor your teen's progress on the road to college. A student's Grade Point Average, standardized test scores (SAT / ACT), extracurricular activities, application essays, and volunteer experiences are all important factors in demonstrating success in school on college applications. Log onto Naviance to stay abreast of your child's progress with college and career readiness</p> <p><input type="checkbox"/> Listen to your child talk about what is happening in class and outside of class. Listen to what they are trying to say without immediately judging or offering advice.</p> <p><input type="checkbox"/> If you have a senior, beware of "senioritis." Students may consider the last year of high school a waste of time. However, students who waste their senior year are often unprepared for college-level work even if they took challenging courses during their earlier high school years.</p>	<p><input type="checkbox"/> Encourage your child to join a club or sport as outside activities are educational and often increase students' interest in school and build up a student's college resume</p> <p><input type="checkbox"/> Don't accept the "I'm never gonna use this after high school" excuse for not working hard in a particular class. For example, studies show that courses like advanced math and chemistry are critically important in college acceptance decisions and achievement.</p> <p><input type="checkbox"/> Monitor your child's use of the daily planner that HSFI provides to keep track of dates for long-term projects as well as daily homework. Review the calendar at the beginning of the week to plan how time will be used and make allowances for other activities such as sports and clubs.</p>	<p><input type="checkbox"/> Help your child put their concerns or problems into words and encourage them to try and figure out possible solutions or coping strategies. If you need help with this, contact your child's Guidance Counselor.</p> <p><input type="checkbox"/> Stay in communication with HSFI by making sure the school has your correct contact information, reading 'The Fashionable Times' and looking for updates on the school website – <a href="http://www.fashionhighschool.net">www.fashionhighschool.net</a></p> <p><input type="checkbox"/> Foster a strong partnership between family and school by attending Parent-Teacher conferences, Parents Association meeting and filling out required forms such as lunch applications.</p>	<p><input type="checkbox"/> Keep track of your child's school attendance and do not take them out of school. This includes making sure your child leaves sufficient time to commute and arrives on time for school every day. Do not take your child on vacation when school is in session.</p> <p><input type="checkbox"/> Monitor your child's academic progress by checking their homework, notebooks, report cards, Jupiter Grades and staying in communication with their teachers and counselor.</p> <p><input type="checkbox"/> Cell phones, Facebook, and TV can quickly interrupt a productive study session. Shut down any unnecessary electronics during scheduled study times at home and make sure there is a place for quiet study time. Remind your child that cell phones must be turned off and put away during the entire school day.</p>